

Emma Winston

emma.winston@gmail.com

<https://www.emmawinston.me>

<https://deerful.itch.io>

I am experienced in teaching, mentoring, listening, speaking, and research, in environments ranging from academia to acute mental health crisis volunteering. I excel at communicating, empowering people to move towards reaching their goals, and deeply listening to allow others to feel truly heard.

Education

CPTA

CPCAB Counselling Skills (Level 2)

2022

In Progress

Goldsmiths, University of London

Doctor of Philosophy in anthropology of music and media

2022

AHRC funded. Pass without corrections

Goldsmiths, University of London

Master's Degree in popular music research

2012

Distinction

University of Cambridge

Bachelor of Arts in music

2008

2:1

Publications

Scattered in the form of melodies:

Shigesato Itoi's MOTHER/Earthbound and the Lacanian corps morcelé

In progress

The 'ukulele YouTuber', participatory culture and unconditional positive regard

In progress

Beats to Relax/Study To: Contradiction and Paradox in Lofi Hip Hop

IASPM Journal

January 2019

Nightcore and the Virtues of Virtuality

CHASE Brief Encounters

March 2017

Work Experience

Crisis Volunteer

Shout 85258

June 2021 to Present

- Listening to people in crisis via text message, and empowering them to keep themselves safe
- Building rapport, exploring through active listening, and supporting texters to identify longer-term sources of support
- Signposting to specialist resources, where required
- Safeguarding, assessing suicide and self-harm risk, and triaging to emergency services where necessary

Study skills tutor

Self-employed

January 2022 to Present

- One-to-one study skills tutoring, on an occasional basis, at all levels of
- Establishing and documenting goals and progress
- Recruiting and scheduling tutees

Associate Lecturer/Assessor

Goldsmiths, University of London; King's College London

October 2015 to Present

- Teaching courses in music, media and cultural studies from first-year undergraduate to Masters level, face to face and virtually
- Designing syllabi or delivering pre-written materials depending on requirements
- Grading and giving constructive feedback to students
- Running group sessions and individual tutorials on study skills
- Pastoral care and signposting students to specialist resources where needed

Independent musician and workshop facilitator

Self-employed

July 2011 to March 2020

- Live performance, songwriting and music production
- Introducing young people and adults to the practice of experimental and electronic music through workshops and one-to-one tuition

Skills

Active listening

Communication

Non-judgment

Crisis resolution

Interviewing

Ethnography

Research

Teaching

Interests

Mental health

Neurodiversity

Anthropology

Sociology

Psychology

Disability and access

Ethnomusicology

Researching grassroots creative practices

Creative coding

The phenomenology of gaming

Restoring retro consoles

Music production

Work Experience (continued)

Web developer and creative technologist

Self-employed

July 2012 to Present

- Building websites, creative tools, and experiences for the browser
- Working with small businesses, organisations, and individuals to develop and implement project briefs
- Exhibiting creative projects in various physical and digitlocations, either as installations or as aspects of live performance

Training

Understanding ADHD: Current Research and Practice

Kings College London

July 2020

Autism and Sensory Experience

National Autistic Society

January 2020

Autism and Communication

National Autistic Society

December 2019

Understanding Autism

National Autistic Society

October 2019